

30-DAY NORWEGIAN LEARNING CHALLENGE

- Day 1
Change your phone or social media to Norwegian.
- Day 2
Find a Norwegian youtuber and watch their video.
- Day 3
Learn one new grammar rule and write a sentence where you use this rule.
- Day 4
Record 1 minutes of yourself speaking Norwegian.
- Day 5
Listen to a Norwegian song.
- Day 6
Read a joke in Norwegian.
- Day 7
Learn 5 new facts about Norway.
- Day 8
Teach someone a few Norwegian words.
- Day 9
Write a social media post in Norwegian.
- Day 10
Cook a meal following the instructions in Norwegian.
- Day 11
Learn a tongue-twister in Norwegian.
- Day 12
Listen to a podcast.
- Day 13
Write down what you have done today in Norwegian.
- Day 14
Write 10 things that make you happy in Norwegian.
- Day 15
Sing a song.
- Day 16
Create flashcards from your last lesson.
- Day 17
Do some simple maths in Norwegian.
- Day 18
Start following someone who posts in Norwegian on social media.
- Day 19
Learn the Norwegian Birthday song.
- Day 20
Chat with someone in Norwegian.
- Day 21
Download an app in Norwegian.
- Day 22
Plan your day in Norwegian.
- Day 23
Find your favourite quote in Norwegian.
- Day 24
Watch a Norwegian movie.
- Day 25
Find a Norwegian Facebook group for your interests.
- Day 26
Write a compliment to a Norwegian person.
- Day 27
Write 3 sentences about yourself.
- Day 28
Write your shopping list in Norwegian.
- Day 29
Find a place you would like to visit in Norway and read about it.
- Day 30
Read a piece of news from Norway.

